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More women giving birth after 40

May 07, 2010 | By Joe Burris, The Baltimore Sun

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Then there's Flowerpowermom.com, a website and blog launched six months ago to advocate for women over 40. Site creator Angel La Liberte, 49, of Santa Cruz, Calif., said she launched it because of experiences she endured as an over-40 mom. She gave birth to her first child at 41 and her second at 44.

The site, which has followers in the Baltimore area, lists famous women who have given birth over 40 (Nancy Grace, Susan Sarandon, Salma Hayek), as well as books, resources and a site newsletter. On Mother's Day, the site will feature, "Celebrating Motherhood After 40," a tribute photo album to older mothers across the country.

"They lend their support by telling their story, so other over-40 moms hear it and feel empowered," said La Liberte.

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Karmel says she looks forward to what motherhood will bring in her older years.

"I find myself in a much more grounded position, and I am confident in who I am," said Karmel. "I am much more selfless and loving. There is a marked difference in who I am as a woman at 45 than at 19 and 34."

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